



Kindness is the Coolest

Presented by Student Advisory Council



Kindness is the Coolest

Kindness is the coolest because being kind to people makes other people happy; including you. Kindness is the coolest because it makes the world a better place. Kindness is the coolest because it can stop bullying for good.

KINDNESS SPIRIT WEEK

NOVEMBER 13- NOVEMBER 17, 2023

Food drive all week - students are welcome to bring in food donations.



MONDAY: WORLD KINDNESS DAY

Show support for the Golden Rule - treat others the way you want to be treated by wearing yellow. Has someone been kind to you? Write what they did on a heart to create a school wave of kindness.



TUESDAY: POWER FOR KINDNESS

Kindness is a super power. Dress like your favorite superhero.

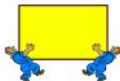
WEDNESDAY: BULLYING MAKES ME CRAZY



Dress in crazy colors, mismatched and wacky. Introduce yourself to someone you would like to know better.

Kindness Assembly - 3, 4, 5 9:10-9:30am, K-2 9:40-10am

THURSDAY: DOUBLE KINDNESS



Show you want to double kindness. Dress like twins or like a teacher.

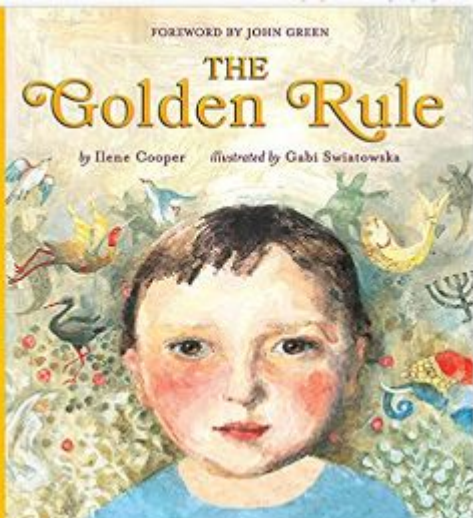
FRIDAY: LONG SPIRIT DAY ●●

Our Long family is kind. Show your school spirit-wear your Long shirts or [blue](#) and [gold](#)



Treat other the way you want to be treat

- DO NOT ignore your friends and always help a friend in need.
- Do not make a friend feel bad about something that they did.
- If someone pushes you do not push them back. Tell an adult if someone is bothering you but Try to do what you can before you tell a adult.
- Act respectful: talk softly, keep your hands to yourself.
- Act respectful with materials.
- Make a change for the school.



**Do Unto Others As You
Would Have Them Do Unto
You...**

The Golden Rule

THEY BELIEVED
THEY COULD
SO THEY DID

Golden Rule

African Proverb:

If you cannot add to the man, at least do not subtract from him.

Buddhism:

Hurt not others with that which pains yourself.

Christianity:

Do unto others as you would have them do unto you.

Hinduism:

Treat others as you would yourself be treated.

Islam:

Do unto all men as you would wish to have done unto yourself.

Judaism:

What you yourself hate, do to no man.

Native American:

Live in harmony, for we are all related.

Sacred Earth:

Do as you will, as long as you harm no one.

Respect Others - Act Responsibly



Here is how to be respectful of others: for example, if you are playing soccer and somebody falls, help them up. Ask them if they are okay. If they are hurt either get the teacher or try to pick them up have there arm on your shoulder and get them to safety. (:

Here is how to be responsible: if the teacher leaves the classroom for an emergency in the hall, even if everyone else is yelling, shouting, getting out of there seats, DON'T do that. Instead, read a book. You should tell the teacher or write a note for the teacher. Always tell the truth.



I feel statements

I feel _____ when you
_____. I need you to
stop.

Example

- Cutting in line
- Getting pushed
- Mean names

:)Kindness Quotes:)

Kindness above all
Kindness is wild

Bullying is mean kindness is nice

Kind is better than mean

Your mind controls your kind

Kindness is **WILD** and **GOOD**

Kind kind kind means nice

Treat others the way you want to be treated

Bullying someone makes them sad

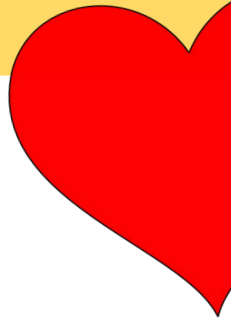
Kindness is free for all

Sometimes it takes only **ONE ACT OF**

KINDNESS to change a person's life

The only way to have a friend is to be one

Kindness and love are the only things we need





How to be kind in the classroom...



- Be kind to others. You can lend a friend a pencil.
- Respect others by listening and working
- Make others happy by helping your classmate
- Keep your eyes on the teacher, board or someone who is giving instructions
- Treat others how you want to be treated
- Don't call people names
- Don't make fun of someone for making a mistake.

How to be kind on the playground...

- Don't call people mean names
- Don't push or shove people
- Don't yell and pout because you lost or don't brag when you win in a game
- Play by the rules of the game and play nicely
- Be kind and respectful to everyone
- Think before you talk and make sure its not going to hurt people's feelings
- Offer to play with someone on the playground or on the buddy bench
- Use equipment properly



How to be kind in the lunchroom

By Seth and Lyla

- Use your classroom voice - don't yell across the room
- Make sure you are being safe - no standing on tables or running
- Listen the first time you are told something
- Make sure you're making other people comfortable not just you
- Say please and thank you
- Be polite to classmates and lunch staff
- Take the lunch that you chose
- Be respectful to yourself and the others around you
- 'Tell an adult if there is an issue



Being kind makes Long a
better school; just like a
family.